



## Global Sport Academy & Midget AAA Bisons Declaration of Intent

This document specifies the intent of the student athlete and their choice to continue with or end their participation in the Airdrie Global Sport Academy past the duration of the CFR Chemicals Midget AAA hockey season.

## Details of the Global Sport Academy program following the end of the 2017-18 hockey season:

- 1. Phase 1 End of hockey season March 30<sup>th</sup>:
  - a. 2 Global led on-ice individual skill sessions per week
  - b. 1 workout per week (focus on getting ready for speed & power training in the next phase)
  - c. 1 multi-sport session per week (focus on skill development & competitiveness in other sports)
  - d. 1 academic ownership per week (guest speakers, optional seminars, homework)
- 2. Phase 2 April 2<sup>nd</sup> Exam Break (June):
  - a. 3 Global led workouts per week (lifting technique, agility & athleticism, speed & power)

     partner with Peak Power (http://www.sportdevelopment.com/index.html)
  - b. 1 multi-sport session per week (focus on skill development & competitiveness in other sports) examples include boxing, triathlon, rock climbing, tennis, etc.
  - c. 1 academic ownership per week (guest speakers, optional seminars, homework):
    - Optional academic and professional seminars include: SAT Prep; Math that Matters (financial planning); Business 101; Negotiation Tactics; Public Relations Training; NHL Combine Mock Interviews; How to buy your first car; etc.
    - ii. Leadership sessions are hosted by guest speakers

## By continuing with Global, past the end of the Bisons 2017/18 season, there is no added cost or extra payments required.

Yes, I will be continuing in the Global Sport Academy Program for the remainder of the school year past the end of the CFR Chemicals Midget AAA Bisons hockey season.	
No, I will not be continuing in the program onc season has ended. I understand I must work in conjuteachers, as well as my home-school teachers to ensacademics is put in place prior to the start of semest process).	sure an appropriate plan with regards to my
	Date:
Student Athlete Name (please print)	
Student Athlete Signature	
	Date:
Parent/Guardian Name (please print)	
Parent Signature	